

St Hugh's School

W/C – 1st November 2021

PALMER & HOWELLS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Snack	Freshly Baked Pain au Chocolat	Fresh Fruit	Vanilla Cupcakes with Butter Icing and Sprinkles	Fresh Fruit	Coconut and Cranberry Flapjack
Soup	Chinese Chicken and Noodle Soup	Carrot and Coriander Soup	Tuscan Bean Soup with Sweet Basil	Cream of Bubble and Squeak Soup with Crispy Smoked Bacon	Mulligatawny Soup
Lunch	<p>Asian Monday</p> <p>Indian Spiced Chicken Tikka Masala</p> <p>Aubergine and Mushroom Rogan Josh with Chickpeas and Baby Spinach</p> <p>Braised Turmeric Rice</p> <p>Naan Bread and Mint Raita</p>	<p>Roast Tuesday</p> <p>Roast Loin of Pork with Crispy Crackling and Bramley Apple Sauce with a Rich Pan Gravy</p> <p>Autumn Vegetable Filo Parcels with a Wild Mushroom and Tarragon Cream Sauce</p> <p>Crisp Maris Piper Roast Potatoes</p> <p>Cauliflower Cheese</p>	<p>Pasta Wednesday</p> <p>Creamy Turkey and Sweetcorn Carbonara</p> <p>Caramelised Squash and Spinach Lasagne with Sage and Sunflower Seeds</p> <p>Penne Pasta</p> <p>Baby Corn and Sugar Snap Peas</p>	<p>Traditional Thursday</p> <p>Minced Beef and Vegetable Pie</p> <p>Root Vegetable and Pearl Barley Lancashire Hot Pot with a Hint of Rosemary</p> <p>Creamed Potatoes</p> <p>Sauteed Duo of Cabbage with Leeks</p>	<p>Fish Friday</p> <p>Crispy Breaded Fillet of Haddock with a Lemon and Parsley Tartare Sauce</p> <p>Feta and Olive Quiche with Sun Dried Tomatoes and Basil</p> <p>French Fries</p> <p>Broccoli Florets and Garden Peas</p>
Light Lunch	Crispy Coated Blanch Bait with a Roasted Garlic, Lemon and Parsley Aioli	New Potato Tartiflette with Cornichon Salad and Crusty Bread	Baked Piri Piri Pangasius Fillet on Portuguese Crushed Potatoes with a Mint, Lime and Cumin Yogurt	Honey and Soy Crispy Pork Noodle Stir Fry with Ginger and Coriander	Ham, Tomato and Mature Cheddar Panini with Sweet Chilli Jam
Dessert	Pineapple and Syrup Sponge with Pouring Cream	Orange and Peach Jelly	Oat Topped Pear and Black Forest Fruit Crumble with Vanilla Custard	Chocolate Ice Cream	Baked Vanilla Rice Pudding with Strawberry Jam
Afternoon Snack	Fresh Fruit	Parmesan and Smoked Paprika Cheese Straws	Fresh Fruit	Sage and Caramelised Onion Sausage Rolls	Fresh Fruit

