

## RETURNING TO ST HUGH'S SCHOOL HAVING BEEN UNWELL POLICY

For Further information, please contact Fiona Lines: Head Nurse

### Aim of Policy

- To reduce the spread of infection
- To protect immunocompromised pupils, staff and pregnant members of staff.
- To ensure best care is given to all pupils

### Illness over weekends or Holiday Period

Please inform the Medical Centre if a child undergoes an operation, has a significant accident or illness or special treatment. This will be recorded on iSAMS

### Medication

- If a child is returning to school and requires medication, please ensure that a letter of consent has been signed by the parent/guardian. Medication can then be administered during the school day by the medical team. Consent forms are available either from medical centre or on the school website.
- All relevant information and medication should be brought to the medical centre.
- All medication should be written in English and sent in the original container with the child's name on it, and prescription label clearly visible.

### Illnesses

- **Diarrhoea and Vomiting**

Children who have had diarrhoea and vomiting should not return to school until 48 hours after the last episode of vomiting or diarrhoea. If your child has a temperature, they should not return to school until they are feeling well, and the temperature is within normal range (36.0c - 37.0c)

- **Influenza and Temperature**

Children should not return to school until they have recovered from the illness and their temperature is within normal range (36.0c - 37.0c)

- **Impetigo**

Impetigo is a common but highly contagious skin condition that can cause sores and blisters. It is caused by a bacterial infection. The most common areas are around the nose and mouth. The infection can easily spread through close contact

or by sharing towels or flannels. The treatment is antibiotic cream or antibiotic tablets that are prescribed by the GP. The child should remain out of school for 48 hours after starting the treatment, to prevent the spread of infection.

- **Scabies**

Children can return to school after they have received their first treatment which will be prescribed by their GP or pharmacist. All household members will need to be treated.

## Infectious Diseases

- **Chicken pox** If your child is diagnosed with Chicken pox, they should not return to school until all the spots have scabbed over. If there is any doubt, advice should be sought from your own GP.
- **Scarlet Fever** Children with scarlet fever should remain off school and may return to school once they have started a course of antibiotics for a minimum of 24 hours.
- **Measles** Children with measles generally feel miserable and unwell. They should be assessed by the GP and kept off school for at least 4 days after the onset of the rash and are feeling better in themselves. Measles is a notifiable disease - children should be assessed and examined by their GP.
- **Mumps** Mumps is a preventable disease and the UK vaccination programme for children recommends that a child should receive two vaccines. If mumps is diagnosed the child should be excluded from school for 5 days after the onset of Parotid swelling. Mumps is a notifiable disease therefore all children should be assessed by their GP.

Written by: F Lines  
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